Guys
Tinder Profile
Guide
Whether you have created a Tinder profile for the delights of a one night stand (or several), or to meet a potential wifie, having a great profile gives you the best chance of getting those swipes you want.

As an intimacy coach that found herself signing in and swiping one night, I felt it only right to let you in on a few thoughts as to how to get your Tinder game off to it's best start. Or to clean it up & start again!

**I've created this easy to follow Guys Guide to the Tinder Profile as my way of helping you get those swipes!**

This guide covers what photos to use on your profile, an easy three part bio template & on the next page you'll read some facts about the difference between how men & women swipe that will tell you exactly why these changes are so f*cking important!

I hope you enjoy this short read & then take what I share in this guide & put it into action. There were so many great looking guys that I saw that I swiped past due to not having great photos or anything written about them,

I don't want this to be you!

Thanks for downloading
Elizabeth Grace
Get those Swipes!

According to a report by the New York Times, men swipe right on Tinder 46 percent of the time and women only swipe right 14 percent of the time. That means there are a whole lot more of you wanting to f*ck US than there are of us wanting to f*ck YOU.

Majority of guys swipe solely off the photos, where as women will check out your photos & review your bio - if you don’t have a bio, no matter how limited, chances are you are missing out on lots of those valuable swipes!

Women (grand generalisation, but hey), want to know about you, even if they too are just looking for a bit of ‘D’ on a Friday night.

Unlike men, women won’t swipe as often just off photos!

She is going to be checking out your photos to see if she likes your look, & your bio to find out why she would want to spend time with you. Both your photos & bio need to show the best parts of you.

Bios don’t need to be huge, but they do need to offer us women something that will make us want to swipe right.

If you have no clue where to start, try to make us laugh somehow, whether it’s with a quote, a joke, a self-deprecating comment or a reference to pop culture.

Check out my guide on the next section for an easy bio guide.
Part One - *Quote or interesting statement.*

Start with something quirky, funny, interesting, suggestive, or honest.

Get her curious to read the rest of your bio.

A couple I enjoyed during tonight’s swiping were:

"I’m probably a better dancer than you".

"I’m looking to put an elite team together for a bank heist, serious replies only".

"Taller than you in heels, Not overly vain".

" Into those things that people are into, apart from those other things people aren’t".

"3 x Rock Paper Scissors World Champion".

"Looking for a deep and meaningful fling"

"I literally have no idea how porcupines fuck".

"I like courageous women, flavoursome beer, black coffee, authors, strength, and being challenged. Herbivore, but not a dick about it. Tall. Yarda, yarda, yarda...".

"Excellent avocado selector".

"6'3". Message me for a Harry Potter quiz!". "I'm into at least one thing you're into". "

Yes, these were all off real profiles & they all made me stop that little longer to check out the guys profile, I even swiped right on a couple.
Part Two - **State who you are & what you are into**

This is where I saw a f*ck load of emojis that made no sense or crap statements like “swipe right, then we can play 21 questions” - I read that & was immediately swiping left, I’ve got no time for that shit.

Who are you?

**Tell her why she would want to swipe right on you.**

Are you funny? Love the outdoors? Adventurous & enjoy traveling? Have children or a really cute furry friend? Ride motorbikes, dive, climb mountains, fly planes? Do you spend your Saturday mornings watching your nephews/nieces playing sport? Or are you a D&D pro?


“Straight up cool cunt! “

Think about the type of woman you are looking for (short time or long time goodness) & market yourself to attract the best match for you. Be honest about how tall or short you are (women can be weird about that).
State what you are there for.

Ok, I’m just going to say it.

If you are swiping purely for a bit of entertainment, I’d be so bold as to encourage you to just say so. Saves women that are looking for something more wasting their time, & your time for that matter.

Get her thinking ‘Do I match what he is looking for?’

The longer a woman stays engaged on your page, the more likely you are going to get that swipe right & get matched. & if she’s matched & messaging you, she’s not messaging someone else!

State it clearly:

“just looking to make some new friends and whatever happens after that happens”

“Looking for a nice girl to settle down with and go on adventures with. I’m nice loyal and full of love waiting for that right girl “

“Want pizza or wine, I am your man”

“Looking for kind, easy going, open minded, great people to hang out with.”

Easy enough right?

You have 500 characters to make a woman want you, use them wisely.

At the end of the day, it’s really simple: be friendly and respectful.
Guys Guide Tinder Bio Template.

**Quote**
Say anything that's attention getting but not obnoxious.

**Who are you?**
Quirks or interesting facts about yourself.
Day job.
Hobbies & Interests.
Family.

**What are you looking for?**
Hobbies & interests.
Personality traits.

"I am a rocket scientist. I've appeared on the cover of GQ – twice. And after mastering Italian, I became an international super spy. Right now, I'm yachting my way across New Zealand, stealing top-secret information, and sipping green tea.. Okay, fine. I exaggerated *just* a smidge. But I do like a good green tea. Message me for more straight talk, and I'll send you FB links, photos of science fair trophies, and much MUCH more."

One of my favourites from the night.
Number one tip for your first photo - make sure it’s of you, just you!
Full frontal (not naked), looking at the camera, far enough back to include your shoulders, take off your sunglasses or anything else that obstructs your face, & please stop yourself before you post a photo of you pulling the fingers or a stupid f*cking face.

If your first photo is you looking like a fun (but not stupid) guy, I’d be more inclined to check out your profile & swipe right. But if I can’t see your face clearly, you look like a dick, or you are standing with your back to the camera, I’m probably going to go on to the next guy.

I know selfies are great (& maybe this is just me) but setting up your phone or camera on a timer & not taking selfies in the mirror would be an easy way of upping your photo game.

Photos to include:
1. Full frontal (face & torso).
2. Full length photo.
3. Adventure, action, sport, hobby.
4. In a suit or dressed up fancy.
5. Pets, cars, motorbikes, boats, travel.
6. Family or children.
7. Group photo/Friends.

If you are committed to the Tinder game, consider getting professional photos done. it will pay off in swipes & set you apart from others.
This message comes from founder and CEO of Tinder, Sean Rad.

**Don't be dull**
"If your first message just says 'hi', you're far less likely to get a response."

**Engage with them**
"Say something that shows you took the time to read their bio and look at their profile photos. There is no one-size-fits-all perfect opening message - everyone is different."

**Don't overthink it**
"At the end of the day, it's really simple: be friendly & respectful. Make them laugh and genuinely take an interest in learning more about them - that's why you swiped right in the first place."

**Guys! You don't have to wait for her to message you when you match with a woman.**
**Being proactive shows that you are interested, & that's f*cking hot!**

Be authentic & transparent in your communication & be assertive if you wish to meet in person. Invite them to lunch or something casual during the day so you can get to know each other more.
That's all from me guys.

Get onto updating your Tinder profile!

If you want a personalised profile review & recreation you can contact me via my website www.bygraceshesgood.com.

Email me with the subject line ‘Tinder’ & we can organise a time to get your profile working for you.
Elizabeth Grace is a wild woman in the coaching world. The methodology is deep. Bespoke. Not time-based.

You don’t think you need a coach? perfect. She's not really a coach, Elizabeth is a Professional Witch that will help you transform your life.

Her mission is to inspire you to recreate your life. How? By connecting you to your personal truth and empower you to follow it courageously.

Clear stories from your past that limit you from living authentically in the present. Connect with you truth and stop being run by programming imprinted by friends, family or past experiences. Become aware of the unconscious choices you make and create your life consciously.

I take high-achievers to even greater levels of success.

My clients are high performers. They are often powerful men. They take masterful action, have a track record of personal successes and a passion of doing challenging work. Talented individuals that know what they want & make it happen.

You are assertive, successful, powerful. You are driven to make a difference, to make the most of life. You achieve at the highest levels. You desire to become greater & are ready for more!

I will challenge you to push beyond your limits. You want more? It's time to become more.

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